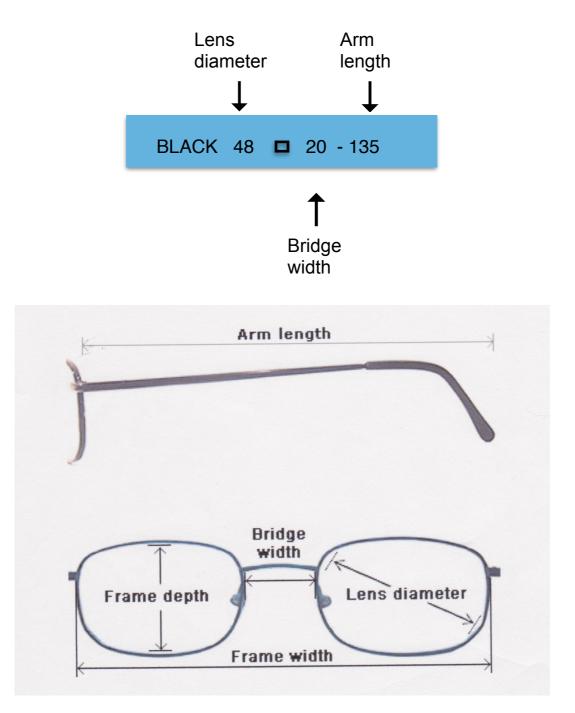
## How do I know if the frames will fit?



Most frames have three measurements on the inside of the arm.

The arm length and bridge width will determine the fit and comfort of the frames. The frame width is down to individual preference. As a general rule, people with narrow faces suit narrow frames. These 3 measurements do not need to match exactly, but if they are close to your current glasses, they will have a similar fit.

The frame depth and lens diameter influence the style of glasses.

Most frames will fit well. Minor adjustments such as moving a nose pad or gently bending an ear piece are simple to do. If you need further help, most optical shops will do this for you. Some may charge a small fee.